

# Menu

Serving fantastic lunches everyday - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range and Organic products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

## Week 1

Week commencing  
10th & 31st May, 21st June, 12th July,  
2nd & 23rd August, 13th September,  
4th & 25th October.

	Monday	Tuesday	Wednesday	Thursday	Friday Favourites
<b>Choice 1</b>	Pork or Veggie Sausages & Onion Gravy	Creamed Potatoes Broccoli Florets & Carrot Batons	Crispy Fish Fillet Burger & Tomato Ketchup	Potato Wedges & Mixed Vegetable Medley	Roast Beef Yorkshire Pudding & Gravy
<b>Choice 2</b>	Four Cheese Ravioli & Tomato Sauce (v)	Homemade Garlic Dough Balls & Salad Selection	Sweet Chilli Quom & Veggie Noodles (v)	Mini Vegetable Spring Rolls	Roast Potatoes Seasonal Cabbage & Carrot Batons
<b>Choice 3</b>	Freshly Baked Baguette filled with Tuna & Mayonnaise	Tortilla Chips & Freshly Prepared Salad Selection	Cheese & Tomato French Bread Pizza (v)	Potato Wedges & Freshly Prepared Salad Selection	Homemade Chicken Curry
<b>Desserts</b>	Seasonal Fruit with Crumble Topping & Ice Cream	Fruit Yoghurt Fruit Selection Organic Milk	Strawberry Jelly & Fresh Fruit	Fruit Yoghurt Fruit Selection Organic Milk	Lancashire Cheese & Crackers with Grapes
					Fruit Yoghurt Fruit Selection Organic Milk
					Shortbread Biscuit & Melon Wedges
					Fruit Yoghurt Fruit Selection Organic Milk
					Chocolate Cookie & Milkshake
					Fruit Yoghurt Fruit Selection Organic Milk
					Oven Baked Chips or New Potatoes & Garden Peas
					Oven Baked Chips or New Potatoes & Sweetcorn
					Tortilla Chips & Salad Sticks
					Summer Picnic Mini Sandwich Rolls & Veggie Sausage Roll

## Week 2

Week commencing  
26th April, 17th May, 7th & 28th June, 19th July,  
9th & 30th August, 20th September, 11th October,  
1st November.

	Meat-Free Monday	Tuesday	Wednesday	Thursday	Friday Favourites
<b>Choice 1</b>	Vegetarian Brunch (v)	Hash Brown & Baked Beans	Spaghetti Bolognese	Homemade Garlic Bread & Salad Selection	Roast Chicken Sage & Onion Stuffing & Gravy
<b>Choice 2</b>	Tomato & Mascarpone Pasta (v)	Homemade Garlic Dough Balls & Broccoli Florets	Puff Pastry Cheese Whirl (v)	Herby Potatoes Broccoli Florets & Baked Beans	Crispy Bubble Coated Salmon
<b>Choice 3</b>	Baked Jacket Potato with Choice of Filling	Freshly Prepared Salad Selection	Freshly Baked Baguette filled with Tuna & Mayonnaise	Herby Potatoes & Freshly Prepared Salad Selection	Cheese & Tomato Pizza Panini Melt (v)
<b>Desserts</b>	Chocolate Brownie & Chocolate Sauce	Fruit Yoghurt Fruit Selection Organic Milk	Fresh Fruit Medley & Vanilla Cream	Fruit Yoghurt Fruit Selection Organic Milk	Strawberry Jelly & Fresh Fruit
					Fruit Yoghurt Fruit Selection Organic Milk
					Lancashire Cheese & Crackers with Grapes
					Fruit Yoghurt Fruit Selection Organic Milk
					Summer Treat Dessert
					Fruit Yoghurt Fruit Selection Organic Milk
					Oven Baked Chips or New Potatoes & Mushy Peas
					Oven Baked Chips or New Potatoes & Salad Selection
					Oven Baked Chips or New Potatoes & Baked Beans

## Week 3

Week commencing  
3rd & 24th May, 14th June, 5th July, 26th July,  
16th August, 6th & 27th September,  
18th October.

	Monday	Tuesday	Wednesday	Thursday	Friday Favourites
<b>Choice 1</b>	Veggie Meatballs & Onion Gravy (v)	Creamed Potatoes Broccoli Florets & Carrot Batons	BBQ Chicken Flatbread	Paprika Wedges Garden Peas & Sweetcorn	Roast Pork Sage & Onion Stuffing & Gravy
<b>Choice 2</b>	Spaghetti Neapolitan (v)	Homemade Garlic Dough Balls & Salad Selection	Lancashire Cheese & Potato Pie (v)	Broccoli Florets & Sliced Beetroot	Penne Pasta Arrabbiata (v)
<b>Choice 3</b>	Baked Jacket Potato with Choice of Filling	Freshly Prepared Salad Selection	Sweet Pepper French Bread Pizza (v)	Paprika Wedges & Freshly Prepared Salad Selection	Freshly Baked Baguette filled with Tuna & Mayonnaise
<b>Desserts</b>	Oaty Biscuit & Apple Slices	Fruit Yoghurt Fruit Selection Organic Milk	Homemade Jam & Cream Split	Fruit Yoghurt Fruit Selection Organic Milk	Raspberry Ripple Ice Cream Sponge Roll
					Fruit Yoghurt Fruit Selection Organic Milk
					Strawberry Jelly & Fresh Fruit
					Fruit Yoghurt Fruit Selection Organic Milk
					Gluten Free Chocolate Muffin & Orange Wedges
					Fruit Yoghurt Fruit Selection Organic Milk
					Oven Baked Chips or New Potatoes & Garden Peas
					Oven Baked Chips or New Potatoes & Sweetcorn
					Tortilla Chips & Salad Sticks
					Summer Picnic Mini Sandwich Rolls & Veggie Sausage Roll

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.