

# Menu

**Serving Fantastic Lunches Everyday** - All menus are planned to comply with School Food Standards and all new dishes are tested by children. Our meat is Red Tractor Farm Assured, our fish is MSC certified and we also use a number of Free Range products throughout the menu. There is always fresh fruit and salad, bread and locally produced yoghurt available daily.

## Week 1

Week Commencing  
28th April  
19th May  
9th June  
30th June  
21st July  
1st September  
22nd September  
13th October  
3rd November

### Traditional Main Course

### Alternative Choice

### Jackets & Sandwiches

### Dessert Choices

## MONDAY

Oriental Style  
Chicken & Sweetcorn Meatballs  
with  
Mixed Rice or Noodles

Tomato & Mascarpone Pasta  
with  
Homemade Herby Bread  
& Salad Selection  
(v)

Choice of filled Sandwiches  
with  
Tortilla Chips  
Vegetable Sticks & Dips

Sticky Toffee Cupcake  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

## SUGARWISE TUESDAY

Puff Pastry Cheese Whirl  
with  
Herby Potatoes  
Garden Peas or Baked Beans  
(v)

Vegetable Tikka Curry  
with  
Mixed Rice & Naan Bread  
(v)

Cooks Choice of filled  
Oven Baked Jacket Potato  
with  
Freshly Prepared Salad Selection

Vanilla Shortbread & Fruit Wedges  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

## WEDNESDAY

Roast Gammon or Vegetarian Meatballs  
with  
Roast Potatoes, Seasonal Vegetables  
& Gravy

Summer Picnic Lunch  
Buffet Sausage Roll  
Assorted Sandwiches  
Tortilla Chips  
Vegetable Sticks & Dips

Cooks Choice of filled  
Oven Baked Jacket Potato  
with  
Freshly Prepared Salad Selection

Ice Cream & Dessert Sauce  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

## SUGARWISE THURSDAY

Booths Beef or Vegetable Burger  
with  
Tortilla Chips  
Vegetable Sticks & Dips

Pasta Tubes & Tomato Sauce  
with  
Homemade Dough Balls  
& Salad Selection  
(v)

Cooks Choice of filled  
Oven Baked Jacket Potato  
with  
Freshly Prepared Salad Selection

Mixed Fruit Medley  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

## FRIDAY FAVOURITES

Golden Crumb Fish or Vegetable Fingers  
with  
Oven Baked Chips  
Garden Peas or Baked Beans

Homemade Pizza Margherita  
with  
Oven Baked Chips  
Garden Peas or Baked Beans  
(v)

Choice of filled Sandwiches  
with  
Oven Baked Chips  
Vegetable Sticks & Dips

Chocolate Cookie  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

## Week 2

Week Commencing  
5th May  
26th May  
16th June  
7th July  
28th July  
8th September  
29th September  
20th October

### Traditional Main Course

### Alternative Choice

### Jackets & Sandwiches

### Dessert Choices

## MEAT FREE MONDAY

Vegetarian Sausage Roll  
with  
Herby Potatoes  
Mixed Vegetable Medley or Baked Beans  
(v)

Loaded  
Vegetable & Baked Bean Taco  
with  
Rainbow Vegetable Rice  
(v)

Cooks Choice of filled  
Oven Baked Jacket Potato  
with  
Freshly Prepared Salad Selection  
(v)

Marble Traybake & Chocolate Sauce  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

## SUGARWISE TUESDAY

Southern Style  
Chicken Goujons & Dips  
with  
Mild Chilli Wedges  
Garden Peas & Sweetcorn

Mac 'n' Cheese  
with  
Homemade Crusty Bread  
& Mixed Salad  
(v)

Choice of filled Sandwiches  
with  
Tortilla Chips  
Vegetable Sticks & Dips

Lancashire Cheese & Crackers  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

## WEDNESDAY

Booths Pork or Vegetarian Sausages  
& Yorkshire Pudding  
with  
Mashed Potatoes, Seasonal Vegetables  
& Gravy

Spaghetti Arrabbiata  
with  
Homemade Dough Balls  
& Salad Selection  
(v)

Cooks Choice of filled  
Oven Baked Jacket Potato  
with  
Freshly Prepared Salad Selection

Raspberry Bun  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

## SUGARWISE THURSDAY

Cooks Choice of  
Chicken or Vegetarian Curry  
with  
Mixed Rice & Naan Bread

Homemade Cheese Flan  
with  
Baby Potatoes  
Baked Beans or Mixed Salad  
(v)

Cooks Choice of filled  
Oven Baked Jacket Potato  
with  
Freshly Prepared Salad Selection

Lemon Biscuit & Fruit Wedges  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

## FRIDAY FAVOURITES

Harry Ramsden's Crispy Battered Fish  
or Vegetable Fingers  
with  
Oven Baked Chips & Mushy Peas

Homemade Pizza Margherita  
with  
Oven Baked Chips & Sweetcorn  
(v)

Choice of filled Sandwiches  
with  
Oven Baked Chips  
Vegetable Sticks & Dips

Cocoa Krispie Cake  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

## Week 3

Week Commencing  
21st April  
12th May  
2nd June  
23rd June  
14th July  
15th September  
6th October  
27th October

### Traditional Main Course

### Alternative Choice

### Jackets & Sandwiches

### Dessert Choices

## MONDAY

Booths Pork or Vegetarian Sausage Hot Dog  
& Tomato Ketchup  
with  
Potato Wedges  
Garden Peas & Sweetcorn

Pasta Twists & Tomato Sauce  
with  
Homemade Dough Balls  
& Salad Selection  
(v)

Cooks Choice of filled  
Oven Baked Jacket Potato  
with  
Freshly Prepared Salad Selection

Oaty Biscuit & Fruit Wedges  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

## SUGARWISE TUESDAY

Golden Crumb Salmon or Vegetable Fingers  
with  
Paprika Potatoes  
Mixed Vegetable Medley or Baked Beans

Loaded Pizza Panini  
with  
Tortilla Chips  
Vegetable Sticks & Dips  
(v)

Cooks Choice of filled  
Oven Baked Jacket Potato  
with  
Freshly Prepared Salad Selection

Mixed Fruit Medley  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

## WEDNESDAY

Roast Chicken or Roast Quorn Fillet  
with  
Roast Potatoes, Seasonal Vegetables  
& Gravy

Tomato & Mascarpone Pasta  
with  
Homemade Herby Bread  
& Salad Selection  
(v)

Choice of filled Sandwiches  
with  
Tortilla Chips  
Vegetable Sticks & Dips

Cooks Choice of Mousse  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

## SUGARWISE THURSDAY

Spaghetti Bolognaise  
with  
Homemade Dough Balls  
& Salad Selection

Ploughman's Picnic Lunch  
with  
Homemade Crusty Bread  
& Mixed Salad

Cooks Choice of filled  
Oven Baked Jacket Potato  
with  
Freshly Prepared Salad Selection

Chocolate Shortbread & Fruit Wedges  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

## FRIDAY FAVOURITES

Golden Crumb Fish or Vegetable Fingers  
with  
Oven Baked Chips  
Garden Peas or Baked Beans

Homemade Pizza Margherita  
with  
Oven Baked Chips  
Garden Peas or Baked Beans  
(v)

Choice of filled Sandwiches  
with  
Oven Baked Chips  
Vegetable Sticks & Dips

Summer Treat Dessert  
Cooks Choice of Jelly  
Fruit Yoghurt

Fruit Selection & Milk

Whilst every effort is made to produce the published menus, please note that they may vary occasionally subject to availability and individual school requirements. All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Healthier Families campaign. The result is a menu your child will enjoy and that will prepare them for learning in the afternoon.